

# NVQ Level 2 Award in Youth Mental Health First Aid Awareness



## Study Time

This course has 20 hours of study time required.



## Course Access

You have access to this diploma for 24 months from the date of purchase.

All employees



## Who it's for

This NVQ Level 2 course is aimed at individuals working in all sectors.

## Overview

The NVQ level 2 Award in Youth Mental Health First Aid Awareness is completely evaluated by each candidates' competency.

Evidence of your competency is based on real world, on-the-job training. You can even use your historic records as evidence to contribute towards your NVQ qualification.

This course is aimed at individuals working in all sectors and aims to develop the candidates knowledge and understanding of youth mental health issues.

## What can I do?

Completing the NVQ Level 2 Award in Youth Mental Health First Aid Awareness equips you with essential skills to recognise, support, and guide young individuals facing mental health challenges.

You will gain the confidence to offer immediate assistance, reduce stigma, and promote overall well-being among today's youth. Your knowledge can make a meaningful difference.