



I have worked very successfully with SHEilds Ltd on my NVQ Level 4 Occupational Health and Safety. They offer expert advice, I found communication with them excellent and a good part of their effective support. It has certainly helped me to become more self-aware and to value allocating time to reflect. I feel more comfortable in dealing with difficult topics and contributing to the senior management team.

I would and have recommended them to others.

Ray Down
Health and Safety Officer
Daniels Group